

| WINTER MENU 2023/2024 – BLEAK HILL PRIMARY |                                    |                                               |                                                            |                                          |                                          |
|--------------------------------------------|------------------------------------|-----------------------------------------------|------------------------------------------------------------|------------------------------------------|------------------------------------------|
| WEEK 1                                     |                                    |                                               |                                                            |                                          |                                          |
|                                            | <u>Monday</u>                      | <u>Tuesday</u>                                | <u>Wednesday</u>                                           | <u>Thursday (Planet Friendly!)</u>       | <u>Friday</u>                            |
| <i>Choice 1</i>                            | Sweet & Sour Chicken               | Homemade Chicken Pie (Cooks Pick!)            | Sliced Beef                                                | (v) Tasty Tomato & Mozzarella Pasta Bake | Breaded Fish Star                        |
| <i>Choice 2</i>                            | (v) Loaded Quesadilla              | (v) Hearty Sizzling Sausage                   | (v) Autumn Mince                                           | (v) Crispy Dippers                       | (v) Homemade Cheese & Tomato Pizza Slice |
| <i>With</i>                                | (v) Rice, Carrots & Peas           | (v) Mashed Potato, Seasonal Vegetables, Gravy | (v) Yorkshire pudding, Roast Potato, Carrot & Swede, Gravy | (v) Carrot & Sweetcorn                   | (v) Chips, Baked Beans                   |
| <i>Choice 3</i>                            | Sandwich or Jacket                 | Sandwich or Jacket                            | Sandwich or Jacket                                         | Sandwich or Jacket                       |                                          |
| <i>Sandwich Fillings</i>                   | Ham, (v) Cheese, Tuna Mayo         | (v) Egg Mayo, Ham, (v) Cheese                 | Ham, (v) Cheese, Tuna Mayo                                 | Ham, (v) Cheese, Tuna Mayo               |                                          |
| <i>Dessert</i>                             | (v) Toffee Yoghurt                 | (v) Winter Berry Custard                      | (v) Sugared Doughnuts                                      | (v) Apple & Custard Sponge               | (v) Shortbread                           |
| WEEK 2                                     |                                    |                                               |                                                            |                                          |                                          |
|                                            | <u>Monday</u>                      | <u>Tuesday</u>                                | <u>Wednesday</u>                                           | <u>Thursday (Planet Friendly!)</u>       | <u>Friday</u>                            |
| <i>Choice 1</i>                            | Spaghetti Bolognese                | Creamy Chicken & Ham                          | Sliced Gammon Ham                                          | (v) Cheese Omelette                      | Battered Fish                            |
| <i>Choice 2</i>                            | (v) Double Cheese Pasta            | (v) Cheeseburger in a Soft Bun                | (v) Hearty Sizzling Sausage                                | (v) Crispy Dippers                       | (v) Homemade Cheese & Tomato Pizza Slice |
| <i>Served with</i>                         | (v) Garlic Bread, Corn Cob         | (v) New Potatoes & Peas                       | (v) Mashed Potato, Seasonal Vegetables & Gravy             | (v) Seasoned Wedges, Baked Beans         | (v) Chips & Sweetcorn                    |
| <i>Choice 3</i>                            | Sandwich or Jacket                 | Sandwich or Jacket                            | Sandwich or Jacket                                         | Sandwich or Jacket                       |                                          |
| <i>Sandwich Fillings</i>                   | Ham, (v) Cheese, Tuna Mayo         | (v) Egg Mayo, Ham, (v) Cheese                 | Ham, (v) Cheese, Tuna Mayo                                 | Ham, (v) Cheese, Tuna Mayo               |                                          |
| <i>Dessert</i>                             | (v) Oaty Apple Crumble & Ice-cream | (v) Sticky Berry Flapjack                     | (v) Chocolate Sponge with Chocolate Custard                | (v) Banana Muffin                        | (v) Peach Yoghurt                        |
| WEEK 3                                     |                                    |                                               |                                                            |                                          |                                          |
|                                            | <u>Monday</u>                      | <u>Tuesday (Planet Friendly!)</u>             | <u>Wednesday</u>                                           | <u>Thursday</u>                          | <u>Friday</u>                            |
| <i>Choice 1</i>                            | Chilli Con Carne                   | (v) Powerball's in Gravy                      | Chicken Fillet                                             | Chicken Goujons                          | Fish/Salmon Fingers                      |
| <i>Choice 2</i>                            | (v) Campfire Chilli                | (v) Cheese & Bean Flaky Pastry Bake           | (v) Roasted Quorn Fillet                                   | (v) Homemade Cheese Flan                 | Ham & Sweetcorn Pizza                    |
| <i>with</i>                                | (v) Rice, Carrots & Peas           | (v) Mashed Potato, Broccoli                   | (v) Stuffing, Roast Potatoes Seasonal vegetables, Gravy    | (v) Seasoned Wedges, Baked Beans         | (v) Chips, Peas                          |
| <i>Choice 3</i>                            | Sandwich or Jacket                 | Sandwich or Jacket                            | Sandwich or Jacket                                         | Sandwich or Jacket                       |                                          |
| <i>Sandwich Fillings</i>                   | Ham, (v) Cheese, Tuna Mayo         | (v) Egg Mayo, Ham, (v) Cheese                 | Ham, (v) Cheese, Tuna Mayo                                 | Ham, (v) Cheese, Tuna Mayo               |                                          |
| <i>Dessert</i>                             | (v) Apple & Raisins                | (v) Ice-cream                                 | (v) Sticky Pineapple & Custard                             | (v) Homemade Cookies                     | (v) Fruit & Jelly                        |

In additional to the above, bread, yoghurt and fruit will be available daily alongside a variety of salad bar items.

Choice of milk, water & fruit juice, to drink daily.

(v) = Suitable for vegetarians. Did you know some of our dishes are also Vegan-friendly?