

Bleak Hill Primary School Physical Education Overview



	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Reception	Introduction to PE Choose from either unit on GETSET4PE	Gymnastics Choose from either unit on GETSET4PE	Games Choose from either unit on GETSET4PE	Fundamentals Choose from either unit on GETSET4PE	Athletics (Sports day practice)	Dance (performance) Ball Skills Choose from either unit on GETSET4PE
Year 1	Fundamentals	Gymnastics	Dance topic	Target Games	Dance (performance)	Yoga
	Striking and Fielding	Team Building	Fitness	Ball Skills	Athletics (Sports day practice)	Net and Wall
Year 2	Sending and receiving	Dance (performance)	Gymnastics	Dance topic	Athletics (Sports day practice)	Invasion
	Ball Skills	Yoga	Fitness	Team Building	Net and Wall	Striking and Fielding
Year 3	Dance topic	Gymnastics	Dance (performance)	Netball	Athletics (Sports day practice)	Football
	Cricket	Fitness	Yoga	Rounders	Tennis	Orienteering
Year 4	Basketball	Fitness	Dance topic	Hockey	Athletics (Sports day practice)	Rounders
	Badminton	Dodgeball	Gymnastics	Dance (performance)	Tag Rugby	Tennis
Year 5	Tennis	Gymnastics	Dance topic	Hockey	Orienteering	Football
	Dance (performance)	Fitness	Yoga or Swimming	Yoga or Swimming	Athletics (Sports day practice)	Netball
Year 6	Athletics	Dance topic	Gymnastics	Tag Rugby	Cricket	Rounders
	Swimming or basketball	Swimming or basketball	Fitness	Dodgeball	Orienteering Athletics (Sports day practice)	Dance (performance)
	Year 5 dance performance	Year 2 dance performance	Year 3 dance performance	Year 4 dance performance	Year 1 dance performance	Year R/6 dance performance